

## FACULTY

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Licensed Practicing Psychologist  
Director of PSYCHHealth Associates

**Bernard Baugh, M.S.**

Coordinator of Behavior Support Services  
SERV Behavioral Health System, Inc.

**Kristen Creed, M.S., L.P.C.**

Director of Health Services - ARC of Monmouth

**Jennifer Lotano, M.S.**

Trinitas Regional Medical Center - SCCAT Family Specialist  
Clinician

**John Nevins, D.O.**

ARC of Monmouth, Tinton Falls

**Nancy Razza, Ph.D.**

Adjunct Assistant Professor of Pediatrics  
The Elizabeth M. Boggs Center on Developmental Disabilities

**Mustafa Shafey, M.D.**

Medical Director - CentraState

**Coleen Vanderbeek, Psy.D.**

Trinitas Regional Medical Center - SCCAT Family Specialist  
Clinician

**Roni Zarbiv, M.S.W.**

Director of Behavioral Health Services  
N Y State Cerebral Palsy Association

# Statewide Clinical Consultation & Training Program Of Trinitas Regional Medical Center

is proud to present the

## 2010 Regional Training Series **Spring-Summer Calendar** **March 18-July 29, 2010**

Target Audience:

Mental Health and Developmental Disabilities  
Service Providers, Care Coordinators  
& Case Managers

Please check the schedule for each program;  
**Registration begins ½ hour prior to  
program start time**

**No Fee**  
**CEU'S PENDING**  
**ADA Compliant**

Please Register Early by Contacting Fatu Bangura at:  
908-497-9636 x201 or e-mail [fbangura@trinitas.org](mailto:fbangura@trinitas.org)  
If you require additional info, please email your request(s)

***Working With Sexual Behavior Problems in Residential Care***

**Presenter: Jeffrey Allen, Ph.D.**

Thursday March 18<sup>th</sup>, 2010 10a.m. -1p.m.

*The Mercer County Library System, 2751 Brunswick Pike, Lawrenceville*

This is an interactive presentation covering the range of sexual behavior problems in residential care among adults with developmental disabilities. Specific strategies will be presented. ***(This popular program will be repeated in the fall in Northern Region)***

***Overview of Medical Aspects of Dual Diagnosis (MI/DD)***

**Presenters: Mustafa Shafey, M.D., John Nevins, D.O.**

Thursday April 29, 2010, 11:00 a.m. – 1:00 p.m.

*Arc of Monmouth, Wayside Road, Tinton Falls, NJ 07712*

Dr. Shafey and Dr. Nevins will review medications that are commonly used in the treatment of depression, anxiety, Bipolar Disorder and psychosis of adults with dual diagnosis (MI/DD).

***We're All in This Together: Substance Abuse and Developmental Disabilities (SADD)***

**Presenter: Roni Zarbiv, LCSW**

Friday, May 7, 2010, 10:00 a.m.-1:00 p.m.

***Bergen Regional Med. Center, 230 East Ridgewood Ave, Paramus, NJ 07652***

Substance abuse problems are reportedly more prevalent among adults with intellectual disabilities than within the general population. The S.A.D.D. dilemma is that despite well-developed resources in both the DD and substance abuse fields, we have not yet achieved the integration of services necessary to best support consumers with substance abuse problems. This workshop will provide strategies, guidelines and thoughtful direction.

***Group Skills for Improving Interpersonal Functioning in People with Intellectual Disabilities***

**Presenter: Nancy Razza, Ph.D.**

Thursday, May 20, 2010, 10:00 a.m.-1:00 p.m.

*Arc of Monmouth, Wayside Road, Tinton Falls, NJ 07712*

This workshop is intended for direct care staff who would like to learn the fundamental techniques of group facilitation. We will look at ways to maximize the effectiveness of group leaders, learn the distinction between psychotherapeutic and social skills groups and explore ways in which group skills can be incorporated into daily activities in order to enhance the interpersonal functioning and well-being of people with intellectual disabilities.

***Working with Adults with Dual Diagnosis (MI/DD) and their Families***

**Presenters: Jennifer Lotano, M.S. & Coleen Vanderbeek, Psy.D.**

Friday June 11, 2010, 10:00 a.m.-1:00 p.m.

*Mount Holly Human Services, 795 Woodlane Road, Westhampton, NJ 08046*

SCCAT Family Specialist Clinicians will discuss how they provide clinical support to consumers and their families including how they help families develop effective communication, address parental stress, address disagreements among family members regarding response to difficult behaviors, time management, caregiver self-care and building rapport between families and support staff. Participants will review different scales and assessments that clinicians/family members can use in order to track behaviors, decrease stress levels and decrease difficult behaviors.

***Promoting Development of Positive Coping Style***

**Presenter: Kristen Creed, M.S.**

Thursday June 24, 201, 10:00 a.m.-1:00 p.m.

*Gloucester County Library, Rm B, 389 Wolfert Station Rd, Mullica Hill, NJ 08062*

This workshop will highlight ways for staff and families to promote adult consumers' positive coping through communication techniques, developing stress tolerance and improving the management and self-regulation of emotions.

***Utilizing Relationship Development to Promote Behavior Change***

**Presenter: Bernie Baugh, M.S.**

Thursday July 29, 2010, 10:00 a.m.-1:00 p.m.

*Ocean County Library, 101 Washington Street, Toms River, NJ 08753*

This presentation will describe how relationship development can be applied to promote behavior change. The basic principles of relationship building and development will be discussed and the presenter will describe how SERV Behavior Support Services (BSS) incorporates these concepts into treatment planning and service delivery.

**Please check our website [www.sccatnj.org](http://www.sccatnj.org) for additional training opportunities; our *Fall Calendar* will list Regional Trainings for September through November, 2010**

**THERE IS NOT GOING TO BE AN ANNUAL  
SCCAT CONFERENCE THIS YEAR SO  
PLEASE ATTEND AS MANY REGIONAL  
TRAININGS AS YOU CAN.**